

YouthInc

Connecting young people with a Christian youth worker via their local church

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CONTACTS

Felicity Parker
Catalyst youth worker
fparker@cambridgeyfc.uk

Jenny Duke
Project Leader
youthincambs@gmail.com



**Faith and
Sport
evening in
Whittlesford**

Families from Hinkledux, Sawston, Whittlesford and Balsham gathered at Whittlesford URC on Sunday 26th February to hear Rev Olivia Coles interview four Christian sportspeople about how their sport and faith lives interact. Zoe Cross and Kieran Wood (KICK), Kwabena Asare (Compassion UK) and Felicity Parker (YouthInc) shared stories of their lives in competitive sport, including the sacrifices they have made and the achievements they have gained, and how they came to faith. They also answered questions about what challenges they have faced, what their Christian faith has to say about those challenges, and what advice they have for young people and their parents when trying to get into competitive sport.



The Ark making good way

The Ark weekly youth drop-in café began in November. An ecumenical project with Whittlesford URC the after school club has become an established part of the rhythm of village life in Whittlesford, with around 20-25 older primary school pupils attending every week.

ARK EXTRA a discipleship-centred youth group session will explore how we are each individually and uniquely valued and gifted.



Explorers youth group plan their sessions in Balsham

Rev Iain McColl and his team in Balsham are consulting youngsters and their families as they plan their programme this year.

In addition to monthly groups and joint YOUTHINC events they are choosing between hikes and BBQs, climbing and bowling, films and games, and lots more.

Youth Alpha going strong in Hinkledux and Four Church Benefice

Five older youth (school years 9-11) embarked on the Youth Alpha course in October. Meeting once a month, they are halfway through the course and have looked at the key topics (among others!) of Jesus, prayer and the Bible. The videos provided by The Alpha Course are insightful, rooted in Scripture and humorous, but the key to valuable Alpha sessions is discussion and engagement on the part of attendees, and it is wonderful to see our young people growing in confidence as they learn to articulate their thoughts and opinions.

The younger youth of Hinkledux and the Four Church Benefice have likewise continued to meet together, with sessions based on the YFC 'Rock Solid' resources.

No complaining in Sawston!

The new group established last year in Sawston has settled into a comfortable rhythm, with an average of five young people meeting twice a month. This term they are using the Youth for Christ 'Rock Solid' resource series 'What did you say?', exploring how our words impact those around us. The first session, on complaining, gave food for thought and was well received; the following sessions will be on lying and conflict.



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